



January 2024 Breakfast & Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED	2 Breakfast: Cinamon Toast (WG), Blueberries, & Milk Snack: String Cheese & WG Crackers	3 Breakfast: WG Multi Grain Cheerios Cereal, Pineapple, & Milk Snack: Applesauce & Graham Crackers	4 Breakfast: Oatmeal Bars, Cantaloupe, & Milk Snack: Cottage Cheese & Pears	5 Breakfast: WG Rice Krispies Cereal, Kiwi & Milk Snack: Broccoli/ Cauliflower & Wheat Crackers
8 Breakfast: WG Oat Square Cereal, Peaches & Milk Snack: Banana & Graham Crackers	9 Breakfast: 100% WW Toast, Sausage, Pears & Milk Snack: Crackers & Cucumber	10 Breakfast: WG Multi Grain Cheerios Cereal, Tropical Fruit & Milk Snack: Pineapple & Graham Crackers	11 Breakfast: 100% WW Tortilla, Eggs & Ham Burrito, Watermelon & Milk Snack: Turkey & Cheese with Crackers	12 Breakfast: WG Special K, Mandarin Oranges & Milk Snack: Sun Butter & Graham Crackers
15 CLOSED	16 Breakfast: 100% WW Bagels, Kiwi & Milk Snack: Yogurt & Graham Crackers	17 Breakfast: WG Multi Grain Cheerios Cereal, Pineapple & Milk Snack: Sun Butter Sandwiches	18 Breakfast: 100% WW Ham & Cheese Sandwiches, Applesauce & Milk Snack: Hardboiled egg, Crackers	19 Breakfast: WG Oat Square Cereal, Pineapple & Milk Snack: Cucumbers, Carrots, Crackers & Hummus
22 Breakfast: WG Cornflakes, Mandarin Oranges & Milk Snack: 100% WW Bread, Turkey Sandwiches	23 Breakfast: 100% WW Bread, Hashbrown, Blueberries & Milk Snack: Tomato Soup & Goldfish Crackers	24 Breakfast: WG Life Cereal, Tropical Fruit, & Milk Snack: Cheese & Crackers	25 Breakfast: Egg Bake with Cheese, Pears & Milk Snack: Banana Sun Butter Wraps (WW)	26 Breakfast: WG Corn Flakes Cereal, Mangos & Milk Snack: Graham Crackers & Oranges
29 Breakfast: WG Oat Square Cereal, Peaches, & Milk Snack: Yogurt & Graham Crackers	30 Breakfast: Cinamon Toast (WG), Blueberries, & Milk Snack: String Cheese & WG Crackers	31 Breakfast: WG Multi Grain Cheerios Cereal, Pineapple, & Milk Snack: Applesauce & Graham Crackers		

Nutritional Notes:

- All pastas and bread are 100% Whole Wheat.
- Yogurt contains no more than 23 grams of sugar per 6 oz.
- All cereal served is fortified or contains more than 51% whole grains & no more than 21 grams of sugar per 100 grams.
- Fruits & Cereal are subject to change due to availability.
- WW = Whole Wheat
WG = Whole Grain
- 1- 2 years whole milk
- 2 years and older skim milk